

# Coco Beach

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SONG: Coco Beach – Prandi Sound – Ancona Open Vol 9, Track 11  
RHYTHM: Foxtrot - Phase VI level of difficulty – easy to average  
SEQUENCE: Intro, A, B, C, B(1-8), End  
Footwork Opposite except as noted. Timing represents weight changes

**START: CP/WALL LEAD FT FREE & POINTED SD (W'S HEAD L) WAIT FOR DRUM ROLL**

## INTRO

**1-4 SD DROP OVERSWAY; RISE DRAW CLOSE; SD DROP OVERSWAY; FALLAWAY RONDE SLIP;**

S 1 chg sway to left sd L into L lunge, slight LF rotation sharp change sway to R, -, -;  
---Q 2 rise, draw R to L, cont draw, cl R;  
3 repeat meas 1  
SQQ 4 rec R, ronde L, bk L well under body, accelerate right foot past W's right foot bk R (W rotate LF fwd L); CP/DLC

## PART A

**1-4 REVERSE FALLAWAY SLIP; THREE STEP; NATURAL TWIST TURN; DRW;**

QQQQ 1 fwd L start LF turn, sd R to DLC, bk L well under body/slip R past W's L foot, bk R/pivot LF on ball of R(W bk R, sd&bk L, bk R well under body head to left, rotate LF fwd L/pivot on ball of left foot); CP/DLW  
SQQ 2 fwd L, -, R, L; CP/DLW  
SQQ 3 fwd R, lead W for heel trn RF, bk L, xRib partial weight on toe (W bk L, heel trn on L feet tog, cl R, fwd L);  
SQQ 4 unwind on L, continue unwind, cl R cont rotation, sd&bk L (W fwd R, trn RF, fwd L, fwd R toward M); CP/bkng DLC

**5-8 RUNNING FEATHER TO SCP; START NATURAL HOVER CROSS; SYNC ZIGZAG 5; FEATHER;**

QQQQ 5 bk R rotate LF, sd L, fwd R o/s W, slight RF rotation fwd L (W fwd L rotate LF, sd R, bk L, rotate RF fwd R); SCP/DLW  
SQQ 6 fwd R start RF trn, -, sd L cont trn, sd&fwd R (W fwd L, -, fwd R, trn RF sd& bk L); SCAR/LOD  
QQ&QQ 7 fwd L in SCAR rotate LF, sd R/bk L rotate RF, cl R, fwd L O/S W in SCAR (W bk R rotate LF, sd L, fwd R rotate RF, sd&bk L; SCAR/LOD  
SQQ 8 fwd R to CP, -, fwd L to DLC, fwd R o/s W; BJO/DLC

**9-12 REVERSE FALLAWAY SLIP; THREE STEP; NATURAL TWIST TURN;;**

9-12 repeat meas 1-4

**13-16 RUNNING FEATHER TO SCP; NATURAL HOVER CROSS;; DOUBLE REVERSE LOD;**

13-14 repeat meas 5-6

15 fwd L o/s W in SCAR, rec R, slight RF rotation fwd&sd L, fwd R o/s W in BJO (W bk R, rec L, sd&bk R, bk L); CP/DLC  
SS(SQ&Q)16 fwd L start LF trn, lead W for heel trn, cont trn bk R, tch L to R cont trn (W bk R, heel trn, cl L/fwd R cont trn, XLIF); CP/LOD

## PART B

**1-4 REVERSE TURN 6;; HOVER TO SCP LOD; FEATHER;**

SQQ 1 fwd L start LF trn, lead W for heel trn, cont trn bk R, bk L (W start LF trn bk R, heel trn on R, cl L, fwd R); CP/bkng LOD  
SQQ 2 start LF trn bk R, -, sd&fwd L, fwd R outside W; BJO/DLW  
SQQ 3 fwd L, -, fwd&sd R rotate RF, fwd L (W bk R, -, bk&sd L, fwd R); SCP/LOD  
SQQ 4 fwd R, -, fwd L, fwd R o/s W (W fwd L trn LF, -, sd & bk R, bk L); BJO/LOD

**5-8 SYNC DOUBLE LOCK & FWD TO; R LUNGE & RECOVER; BACK TO OUTSIDE SWIVEL; FEATHER;**

Q&Q&S 5 fwd L/ik Rib, fwd L/ik Rib, fwd L, lowering rotate LF  
SS 6 fwd&sd R (W bk&sd L), -, rec bk L, -; backing DRC  
SS 7 slight RF rotation bk R, -, bk L, rotate RF (W fwd L, -, fwd R o/s M, swivel on R to SCP)-; SCP/DLW  
8 repeat meas 4 BJO/DLW

**9-12 HOVER SCP DLC; FEATHER CHKNG TO; TOPSPIN DLW; CHANGE OF DIRECTION;**

SQQ 9 fwd L, -, fwd&sd R, fwd L (W bk R, -, sd&bk L, fwd R); SCP/DLC  
SQQ 10 fwd R, -, fwd L, fwd R stay high in BJO/rotate LF (W fwd L trn LF twd ptr, -, sd & bk R to BJO, bk L rotate LF);  
QQQQ 11 bk L to DLW, cont LF trn bk R, sd L, fwd R; BJO/DLW  
SS 12 fwd L, - trn LF, sd R, -; CP/DLC

**13-16 DIAMOND TURN ½;; QUICK DIAMOND 4; CORTE REC TURN RIGHT;**

SQQ 13 fwd L start LF trn, -, sd R, bk L (W bk R trn LF, -, sd L, fwd R outside M); BJO/bkng LOD  
SQQ 14 bk R, -, sd L, fwd R outside W; BJO/DRW  
QQQQ 15 fwd L start LF trn, sd R, bk L, bk R; CP/bkng RLOD  
SS 16 bk L, -, rec R, trn RF; CP/DLW

## PART C

### 1-4 SD DROP OVERSWAY; QK BEHIND VINE 3; SD DROP OVERSWAY - FALLAWAY RONDE SLIP;

- S 1 cont RF trn fc WALL sd L to LOD into L lunge, slight LF rotation change sway to R, -, -;  
QQ 2 -, xRib, sd L, xRIF;  
3-4 repeat Intro meas 3-4

### 5-8 QK DRAG HEST HOLD; IMPETUS SCP (QQS); THRU CHASSE SCP; FEATHER;

- QQ-- 5 fwd L start RF turn, sd R, cont rotation to BJO, -;  
QQS 6 bk L/bring R to L trn RF, cl R, cont RF trn fwd L; SCP/DLC  
SQ&Q 7 fwd R, - sd L/cl R, sd L; SCP/DLC  
SQQ 8 fwd R, -, fwd L, fwd R o/s W (W fwd L trn LF twd ptr, -, sd & bk R to BJO, bk L); BJO/DLC

## PART B (1-8)

### 1-4 REVERSE TURN 6;; HOVER TO SCP LOD; FEATHER;

### 5-8 SYNC DOUBLE LOCK & FWD TO; R LUNGE & RECOVER; BACK TO OUTSIDE SWIVEL; FEATHER;

## END

### 1-4 REV WAVE 1/2; OUTSIDE CHECK; TOPSPIN DLC; TELEMARK SCP;

- SQQ 1 fwd L start LF trn, -, cont trn sd R, bk L (W start LF trn bk R, bring L to R no weight heel turn, cl L, fwd R); CP/backing DLW  
SQQ 2 bk R, -, sd L, fwd R outside W/stay high & rotate LF; BJO/backing DLC  
QQQQ 3 bk L, bk R cont trn, sd&fwd L, fwd R o/s W (W fwd R, fwd L cont trn, bk&sd R, bk L) BJO/DLC  
SQQ 4 fwd L start LF trn, lead W for heel turn, cont trn sd R, fwd L (W start LF trn bk R, bring L to R no weight heel turn, cl L, fwd R); SCP/DLW

### 5-9 NATURAL WEAVE;; THREE STEP; NATURAL PREP; QK SAME FOOT LUNGE;

- SQQ 5 fwd R, start RF turn, bk L, bk R to LOD (W fwd L, -, fwd R, fwd L); BJO/bkng LOD  
QQQQ 6 bk L (W fwd R o/s M), start LF trn bk R, sd& fwd L, fwd R o/s W; BJO/DLW  
SQQ 7 fwd L, -, R, L; CP/DLW  
SQQ 8 fwd R start RF trn, lead W for heel trn RF, sd L cont turn, tch R(W bk L, heel trn, cl R, cont trn sd& bk L keeping head left); CP/COH  
Q 9 lowering fwd&sd R o/s W's L side(W xRib) to samefoot lunge W's head to left, -, -, -;