

Song of the Seashore

March, 2014 v1.1

浜辺の歌

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SONG: "Song of the Seashore" – All Stars Duets vol 6 - Prandi Soundi Sound, track 5 download from www.casmusica.de

RHYTHM: Waltz - Phase IV+1+1 (topspin, promenade lock), level of difficulty – above average

SEQUENCE: Intro, A, B A, B, End

Footwork Opposite except as noted. Timing in margin represents actual weight changes. Ending positions represent movement directions

INTRO (4 MEAS)

1-4 WAIT IN L1/2OP LOD LD FT FREE; OP IN & OUT RUN 1/2; THRU SYNC VINE; PICKUP LADY LOCK;

- 1 wait L1/2OP vee to partner and LOD, lead ft free pointed bk looking at each other; L1/2OP/LOD
- 2 op in & out run 1/2 fwd L rotate RF, fwd R, fwd L (W fwd R start RF turn, bk L cont trn, fwd R); ½OP/LOD
- 12&3 3 thru sync vine fwd R, sd L/xRib, sd&fwd L; SCP/LOD
- 4 pu Lady Lk fwd R, rotate frame to CP fwd&sd L, cl R(W fwd L, turn LF sd&bk R, xLif); CP/DLW

PART A (16 MEAS)

1-4 TELEMARK SCP; THRU CHASSE BJO; MANUEVER SD CL; BK & RIGHT CHASSE DLC;

- 1 telemark SCP rotate to DLC fwd L start LF trn, sd&bk R CP/RLOD, rotate LF fwd L (W bk R/trn LF on R heel, cl L, fwd R); SCP/DLW
- 12&3 2 thru chasse bjo fwd R, sd L/cl R rotate frame to CP, sd&fwd L (W sd&bk R); BJO/DLW
- 3 manuever sd cl fwd R outside W start RF trn, sd L, cl R (W start RF trn bk L, sd R, cl L); CP/bkngLOD
- 12&3 4 bk & R chasse start RF bk L trn, sd R/cl L, sd&fwd R (W fwd R trn RF, sd L/cl R, sd&bk L); CP/DLC

5-8 HOVER TELEMARK SCP DLC; TOP SPIN; BK TO PROM SWAY; CHANGE TO OVERSWAY;

- 5 hover telemark scp fwd L, fwd&sd R rotate RF, fwd L to DLC(W bk R, bk&sd L, fwd R) SCP/DLC
- 123& 6 top spin fwd R, fwd L slight LF turn, fwd R outside W rising & rotate LF/ bk L to DLW (W fwd L, rotate LF sd R to CP, bk L/fwd R outside M);CBJO/bkngDLW
- 12- 7 bk prom sway cont trn LF bk R CP/bkngLOD, cont trn sd&fwd L to DLW rising, both look to DLW, -;
- 8 change to oversway lower & chng to oversway (w left head) over next 3 beats,-,-;

9-12 HOVER EXIT SCP; THRU CHASSE SCP; WING; TRN L & CHASSE BJO;

- 13 9 hover exit scp sd R, rising, sd&fwd L SCP/DLW
- 12&3 10 thru chasse scp fwd R, sd L/cl R, sd L; SCP/DLW
- 1--(123) 11 wing fwd R start LF rotation, rising cont rotation, - (W fwd L, fwd R, fwd L); SCAR/LOD
- 12&3 12 trn LF & chasse BJO fwd L start LF, sd R/cl L, sd&bk R; BJO/bkngLOD

13-16 OUTSIDE CHNG SCP; THRU SYNC VINE; THRU TO SLOW HINGE; EXTEND;

- 13 13 outside chng SCP bk L, start LF rotation sd&bk R CP/bkngLOD, cont rotation sd&fwd L(W fwd R, fwd L, fwd R); SCP/DLW
- 12&3 14 thru sync vine fwd R, sd L/xRib, sd&fwd L; SCP/LOD
- 12-(123) 15-16 thru to hinge fwd R, fwd&sd L rotate frame to CP rising, lowering (fwd L, rotate LF sd R cont rotation, xLib lowering); allow extension of top line over meas;

PART B (16 MEAS)**1-4 HOVER TRANSITION SCP; MANEUVER SD CL; BK TO THE LK; IMPETUS SCP;**

- 23(123) 1 **hover transition scp** rotate RF cause W to recover, sd R, sd&fwd L (W fwd R, sd L rotate RF, sd&fwd R) SCP/LOD
 2 **maneuver sd cl** fwd R start RF trn, sd L, cl R (W fwd L, sd R, cl L); CP/bkngLOD
 12&3 3 **bk to the lk** bk L rotate RF rside leading, bk R/XLIF, bk R (W fwd R rotate RF lside leading, fwd L/XLIB, fwd L); BJO/bkng LOD
 4 **impetus to SCP** start RF turn bk L, fc LOD cl R, fwd&sd L (W fwd R outside M start RF trn, fwd L cont trn, fwd R); SCP/DLC

5-8 WEAVE; TO SCP; PROM LK W/PU; RIGHT LUNGE;

- 5-6 **weave** fwd R, fwd L with LF trn, sd&bk R (W fwd L, fwd R sharp LF trn to CP, fwd L) BJO/bkngDLW; bk L, start LF trn bk R, sd&fwd L; SCP/DLW
 12&3 7 **prom lk w/PU** fwd R, fwd L/xRib, rotate frame to CP/DLW fwd L (W fwd L, fwd R/xLib, fwd L swivel LF to CP); CP/DLW
 1 8 **r lunge** rotate LF lowering fwd&sd R to DLW,-,-; RLUNGE/fcng LOD

9-12 BK HOVER SCP; IN AND OUT RUNS;; PU LADY LOCK;

- 9 **bk hover SCP** bk L to RLOD, bk&sd R rotate RF, fwd L (W fwd R, fwd L rotate RF, fwd R); SCP/LOD
 10-11 **in & out runs** fwd R, RF trn across W's line sd&bk L, bk R (W fwd L,R,L) BJO/bkngLOD; RF trn bk L, fwd R to CP/LOD, cont trn fwd L (W start RF trn fwd R outside M, sd&bk L, fwd R); SCP/LOD
 12 repeat intro meas 4 CP/DLC

13-16 DIAMOND TURN;;;;

- 13-16 **diamond turn** fwd L start LF trn, sd R cont trn, bk L no trn (W bk R, sd L, fwd R outside M) BJO/bkngLOD; bk R, sd L, fwd R outside W BJO/DRW; fwd L start LF trn, sd R, bk L (W bk R, sd L, fwd R outside M) BJO/bkngRLOD; bk R, sd L, fwd R o/s W BJO/DLC

REPEAT PART A (16 MEAS)**1-4 TELEMARK SCP; THRU CHASSE BJO; MANEUVER SD CL; BK AND RIGHT CHASSE;****5-8 HOVER TELEMARK SCP; TOP SPIN; BK TO PROM SWAY; CHANGE TO OVERSWAY;****9-12 HOVER EXIT SCP; THRU CHASSE SCP; WING; TURN L & CHASSE BJO;****13-16 OUTSIDE CHANGE SCP; THRU SYNC VINE; THRU TO HINGE; EXTEND;****REPEAT PART B (16 MEAS)****1-4 HOVER TRANSITION SCP; MANEUVER SD CL; BK TO THE LK; IMPETUS SCP;****5-8 WEAVE; TO SCP; PROM LK W/PU; RIGHT LUNGE;****9-12 BK HOVER SCP; IN AND OUT RUNS; PU LADY LOCK;****13-16 DIAMOND TURN;;;;****END (1+ MEAS)****1-2 TELEMARK TO PROMENADE SWAY; QK OVERSWAY;**

- 1 **telemark SCP** fwd L start LF trn, sd&bk R CP/RLOD, rotate LF fwd L (W bk R/trn LF on R heel, cl L, fwd R); SCP/DLW
 --- 2 **qk oversway** lower and change to oversway on final note