

The Story of My Life

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SONG: The Story of My Life - Neil Diamond Headed for the Future CD track 7 or In My Lifetime disc 3 track 13 Speed +11%
RHYTHM: American Bolero PH 5+1 (Rudolph Ronde)
SEQUENCE: Intro, A, B, A, B mod, End

INTRO

BOLERO BJO FCG WALL LEAD FOOT FREE WAIT¹/₂ MEAS, 1

1-5.5 **WHEEL 2; SYNC WHL; W ROLL TO OPEN FC WALL M XSITION; OPEN FENCE LINE; W TRN LF TO FC BOTH SD;**
BOL/WALL lead foot free wait ¹/₂ meas (four notes)
SS;SQ&Q& 1-2 Wheel RF fwd L, -, R, -; wheel L, -, R/L, R/L; BJO/DLW
SS (SQQ) 3 sd R to RLOD let W roll off arm, -, xLif join trailing hnds, - (W fwd L trn RF, -, fwd R cont trn, sd& bk L cont trn fc WALL 1³/₄ trn);
SQQS (SQQQQ) 4 sd R, -, xLif, rec R; OP/WALL
-Q (QQ) 5.5 hold, lead W to roll LF to fc join LD hnds, sd L (W trn LF fwd L to LOD, sd&fwd to M; OPFCG/WALL *note: 2 beats in this meas but music is slowed*)

PART A

1-4 **FWD BASIC TO CP; SYNC TURNING BASIC; SLOW CONTRA CHECK, -, REC, -; RIFF TURNS;**
1 blend to CP sd R, -, fwd L, rec R;
SQ&Q 2 sd and bk L, start LF trn, bk R cont trn/fwd L, sd R; CP/COH
SS 3 lowering fwd L with LF body rotation, -, rec R, -; CP/COH
QQQQ 4 move RLOD raising ld hnds sd L, cl R, sd L, cl R (W fwd R spin RF full turn, cl L, fwd R spin RF full turn, cl L); LOPfcg/COH
5-8 **UNDERARM TURN; RUDOLPH RONDE W SYNC INSIDE TURN; FWD BASIC TO CP; CORTE WITH ROCKS;**
SQ&Q 1 sd L, raise ld hnds, -, bk R, rec L (W sd R start RF trn fwd L cont trn, rec R trn to fcg M) blend to loose CP/COH;
2 rotate RF lowering fwd R between W's feet, cont rotation bring ld hnds between ptr, xLib/sd R, cl L allowing W to trn LF under joined hnds (W sd L slight RF rotation, ronde R CW, lk Rib/fwd L, fwd R spiral LF to fc COH); LOPfcg/WALL
3 repeat meas 1
4 sd and bk L with slight LF body turn, -, rec R, rec L; CP/WALL
9-12 **OP BRK TO RHNSK; W SPIRAL M'S FACE LOOP TO L¹/₂OP FWD WKS; BRK BK TO ¹/₂ OP RLOD; SYNC BOL WK;**
SQQ 9 sd R, change to Rhndshk, bk L (W bk R), rec R;
10 raising Rhnds trng RF fwd L, loop Rarm over M's hd, blend to L¹/₂OP fwd R, L (W fwd R, spiral LF under joined R hnds, fwd L, R); L1/2OP/LOD
SQ&Q 11 trn to fc COH sd R, blend to CP cont turn, bk L, rec R; ¹/₂OP/RLOD
12 fwd L, -, fwd R/L, R; ¹/₂OP/RLOD
13-16 **BK SHOULDER TO SHOULDER; TO BFLY W ACROSS; FENCE LINE W/ARMS; CHASE M FULL TURN;**
13 trn RF to fc COH connect ld hnds to loose CP sd L, slight trn to SCAR/DLC, bk R (W fwd L outside M), rec L;
14 fc ptrn sd R to BFLYBJO/DRC, -, bk L trn RF bring W in front, fwd R between W's feet cont trn (W sd L, -, fwd R outside M, trn RF, sd L cont trn); *figure is like a R trning cross body* BFLY/WALL
15 release trng hnds sd L to LOD, sweep arms out up and over, xRif, rec L;
16 sd R start RF trn, -, sd L to WALL cont trn fc COH, fwd R cont trn (W sd L, - bk R, rec L) M's tandem COH

PART B

1-4 **CHASE W FULL TRN; M TRN L & SYNC HIP RK W TO TANDEM; M SWVL TO FC LWR AND RISE; R PASS;**
SQ&Q (SQQ) 1 cont trn fc WALL bk L, -, bk R, rec L (W fwd R, start RF turn, sd L to M cont trn fc WALL, fwd R cont trn); W's tandem WALL
2 fwd R, ¹/₂ spiral LF fc COH, sd L/rec R, rec L (W cont trn fc COH bk L, -, rec R, fwd L tch M's R shlder wR hnd or both shoulders with both hnds); M's TANDEM/COH
S (----) 3 M rec R sharp RF swivel to fc W keep feet together, join ld hnds, lower on R extending L foot to LOD, rise on R (W connect ld hnds, lower on L extend R leg sd&bk DLW, -, rise on L); LOPfcg/WALL
4 start RF trn cl L, raise LD hnds, bk R, xLif (W fwd R, - fwd L trn LF, bk R); LOPfcg/RLOD
5-8 **FWD BREAK; W TO SCP SYNC WALK; CORTE WITH HIP ROCKS; RIFF TURN TO RLOD;**
SQ&Q 5 sd R, -, fwd L, rec R; LOPfcg/ RLOD
6 bk& sd L, blend SCP/LOD, fwd R/L, R (W fwd R, -, fwd L/R, L) SCP/LOD
7 slight trn RF to CP/WALL sd&bk L, -, rec R, rec L (W fwd&sd R, - rec L, rec R) CP/WALL
QQQQ 8 moving to RLOD raise lead hnds between ptrns sd R, cl L, sd R, cl L (W fwd L spin LF, cl R, fwd L spin LF, cl R); LOPfcg/WALL
9-10 **NEW YORKER; UNDERARM TURN;**
9 sd R, trn RF to LOP/RLOD, fwd L, rec R start trn to fc;
10 sd L, raise ld hnds, bk R, rec L (W sd R trn RF, fwd L cont trn under ld hnds, fwd R cont trn); LOPfcg/WALL

REPEAT PART A

1-4 **FWD BASIC TO CP; SYNC TURNING BASIC; SLOW CONTRA CHECK, -, REC, -; RIFF TURNS;**
5-8 **UNDERARM TURN; RUDOLPH RONDE W SYNC INSIDE TURN; FWD BASIC TO CP; CORTE WITH ROCKS;**
9-12 **OP BRK TO RHNSK; W SPIRAL M'S FACE LOOP TO L¹/₂OP FWD WKS; BRK BK TO ¹/₂ OP RLOD; SYNC BOL WK;**
13-16 **BK SHOULDER TO SHOULDER; TO BFLY W ACROSS; FENCE LINE W/ARMS; CHASE M FULL TURN;**

PART B (MOD)

- 1-4** CHASE W FULL TRN; M TRN L & SYNC HIP RK W TO TANDEM; M SWVL TO FC LWR AND RISE; R PASS;
1-4 repeat part B meas 1-4
- 5-8** FWD BREAK; W TO SCP SYNC WALK; CORTE WITH HIP ROCKS; RIFF TURN TO RLOD;
5-8 repeat part B meas 5-8
- 9-12** NEW YORKER; RIFF TURNS TO LOD; UNDERARM TURN TO CP; SYNC HIP ROCKS;
9 repeat part B meas 9
10 repeat part A meas 3 to LOD
11 repeat part B meas 10
- SQ&Q 12 blending to CP/WALL sd R, slight LF rotation, rec L/R, L;

END

- 1-4** FWD BASIC; SYNC TURNING BASIC; CONTRA CHECK REC; RIFF TURNS;
1-4 repeat part A meas 1-4
- 5-8** UNDERARM TURN; SD TO CONTRA CHECK; SD TO HINGE; W REC TO CUDDLE RIGHT LUNGE & CARESS;
5 repeat part A meas 5 *note music slowing significantly*
6 sd R, fwd L with LF rotation, -, rec R;
7 on the word "leave" sd L rise rotate LF lead W to hinge, lower on L, (W sd R rotate LF, xLib and lower on L)
SS --S(SS) 8 rotate RF and rise cause W to recover, move L arm under W's R arm and around her back, on last note small sd&fwd R between W's feet (W trn RF rec R, fc M -, side L caress M with both hnds)

The Story of My Life

Words and music by Neil Diamond

The story of my life is very plain to read
It starts the day you came
And ends the day you leave
The story of my life begins and ends with you
The names are still the same
And the story's still the truth

I was alone.
You found me waiting and made me your own
I was afraid
That somehow I never could be a man that you wanted of me

You're the story of my life, and every word is true
Each chapter sings your name
Each page begins with you
It's the story of our times and never letting go
If I die today, I wanted you to know

Stay with me here
Share with me, care with me
Stay and be near
and when it began I'd lie awake every night
Just knowing somewhere deep inside
That our affair just might write

The story of my life it's very plain to read
It starts the day you came
It ends the day you leave

Dedicated to the love of my life, Pam, who provides the inspiration and love that completes me.